



St Michael's VA Junior School

What's happening from
Thursday 4th January 2024
<http://www.stmichaelsjuniorschool.co.uk/>



HOPE, RESPECT, PERSEVERANCE, TRUST, SUCCESS

Monday	Tuesday	Wednesday	Thursday	Friday
SCHOOL CLOSED			PE Year 5	PE Year 6

DATES FOR YOUR DIARY



- **Thurs 4th January** **Children return to School**
- Thurs 11th January Year 4 Trip to Castle 4S and 4SW
- Fri 12th January Year 4 Trip to Castle 4G and 4R
- Thurs 18th January Dental Screening for Year 5 and Year 6
- Thurs 18th January Special Lunch

*We wish everyone a very
Happy Christmas and
peaceful New Year!*

*Thank you for your
support for the school over*

2023



MENU WEEK COMMENCING
Thursday 4th January
WEEK 1

See website for full menu, click on link below
<http://www.stmichaelsjuniorschool.co.uk/parents-carers/school-meals/>
Book in the usual way on ParentPay.

ST. MICHAEL'S CLUBS

START WEEK COMMENCING 8TH JANUARY

MONDAY
MULTI-SPORTS

THURSDAY
GIRLS FOOTBALL

THURSDAY
RUGBY

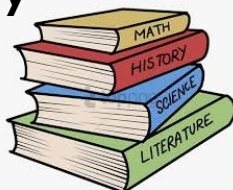
FRIDAY
BOYS FOOTBALL

NEW CRAFTS LUNCHTIME CLUB on a Tuesday

Craft It




REVISION CLUBS for Year 6 will be on a Tuesday & Thursday




St. Michael's V.A. Junior School
on Facebook or @STMJuniorschool

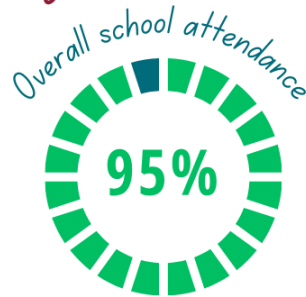


The Autumn Term in numbers

In **71** days you have achieved



462 Hours of learning



With an amazing 102 pupils achieving

100%
attendance



Competitive SPORT events,
with over 70 children representing the school



6 School trips
20 Visitors

50p Friday
Disco
Over £7000
Film Night
Raised for school funds.

This will be used for trips, visits and experiences for our pupils



14 Musical performances



4 Community projects

1 Fantastic SIAMS inspection
THE CHURCH OF ENGLAND

13211
School meals cooked and served

Our pupils provided a Black History Month quiz for **10** schools

School networking

192

Pupils have taken on school leadership roles.
Eco-council, School Council, Reading Champions, Digital Leaders, Librarians,
Young Interpreters, Playground Leaders, Peer Mediators, Culture Society,
Caretaker Assistant, Events Team, Writing Champions



Thank you for all your support. We have achieved so much together; we are so proud of our pupils, their families and our school staff.

CHILDREN'S CHRISTMAS HOLIDAY SPECIAL

10^{AM} TILL
12 NOON

THURSDAY

21ST DECEMBER

games, craft, snack, singing
& the Christmas story

Hebron Chapel

69 Sunny Grove, New Costessey NR5 0EJ

unto you
is born....
a Saviour, which
is Christ the Lord

parents are
welcome
to stay too

For primary school children. There is no charge for this event.
Please reserve your space/s via our website www.hebronchapel.org



St. Michael's VA Junior School

Dinner Menu 2024



WEEK 1

W/C 4 Jan / 22 Jan / 12 Feb / 11 Mar

WEEK 2

W/C 8 Jan / 29 Jan / 26 Feb / 18 Mar

WEEK 3

W/C 15 Jan / 5 Feb / 4 Mar / 25 Mar

MONDAY

Cheese & Tomato Pizza

with Pasta Salad
and Green Beans

Cheese & Tomato Pizza

with Potato Wedges
and Sweetcorn

Cheese & Tomato Pizza

with Half Jacket Potato
and Beans

TUESDAY

Burger in a Bun

OR

Veggie Burger in a Bun

with Potato Wedges and
Coleslaw

Chicken Korma Curry

OR

Vegetable Gratin

with Steamed Rice and Green
Beans

BBQ Chicken

with Vegetable Rice

OR

Vegetable Quiche

with Herby Diced Potatoes

WEDNESDAY

Roast Chicken

OR

Quorn Roast

with Stuffing,
Crispy Potatoes, Vegetables
& Gravy

Roast Chicken

OR

Quorn Roast

with Stuffing,
Crispy Potatoes, Vegetables
& Gravy

Roast Chicken

OR

Quorn Roast

with Stuffing,
Crispy Potatoes, Vegetables
& Gravy

THURSDAY

Pasta Bolognese

OR

Macaroni Cheese

with Garlic Bread and Sweetcorn

Beef Meatballs in a Tomato Sauce

with Rice

OR

Cheesy Pasta Bake

with Garlic Bread

Pork Sausages

OR

Vegetable Sausages

with Mashed Potato and
Baked Beans

FRIDAY

Golden Fish Fingers

OR

Quorn Dippers

with Chips and Beans/Peas

Golden Fish Fingers

OR

Quorn Dippers

with Chips and Beans/Peas

Golden Fish Fingers

OR

Quorn Dippers

with Chips and Beans/Peas

**Also Filled Jacket Potato, Tomato Pasta
or Packed Lunch options available daily.**

Christmas and New Year Opening Hours

The following pharmacies will be open on Christmas Day 2023:

Pharmacy Name	Town	Postcode	Contact No.	Opening Hours
Lime Pharmacy	Thetford	IP24 2HY	01842 762913	12pm - 4pm
The Clock Pharmacy	King's Lynn	PE30 4EA	01553 774716	10am - 2pm
Dereham Pharmacy	Dereham	NR19 1AE	01362 692080	12pm - 4pm
Fakenham Pharmacy	Fakenham	NR21 8SY	01328 850301	2pm - 6pm
Church St Pharmacy	Cromer	NR27 9HH	01263 512171	2pm - 6pm
North Walsham Pharmacy	North Walsham	NR28 0BQ	01692 400921	9am - 1pm
St Stephens Gate Pharmacy	Norwich	NR2 2TJ	01603 618936	10am - 2pm
Hunts Pharmacy	Norwich	NR1 4AB	01603 433654	2pm - 6pm
Beccles Health Centre	Beccles	NR34 9NQ	01502 717278	10am - 2pm
Greyfriars Pharmacy	Great Yarmouth	NR30 2QE	01493 850551	12pm - 4pm

On Boxing Day and New Years Day the pharmacies below will be open for the hours listed:

Tues 26 December – Boxing Day

Pharmacy Name	Town	Postcode	Contact No.	Opening Hours
Lime Pharmacy	Thetford	IP24 2HY	01842 762913	12pm - 4pm
The Clock Pharmacy	King's Lynn	PE30 4EA	01553 774716	10am - 2pm
Dereham Pharmacy	Dereham	NR19 1AE	01362 692080	10am - 2pm
Fakenham Pharmacy	Fakenham	NR21 8SY	01328 850301	12pm - 4pm
David Jagger	Wells next the Sea	NR23 1AG	01328 710239	2pm - 6pm
North Walsham Pharmacy	North Walsham	NR28 0BQ	01692 400921	2pm - 6pm
Allied Pharmacy Earlham West	Norwich	NR5 8AD	01603 451318	10am - 2pm
Hunts Pharmacy	Norwich	NR1 4AB	01603 433654	2pm - 6pm
Beccles Health Centre	Beccles	NR34 9NQ	01502 717278	9am - 1pm
Greyfriars Pharmacy	Great Yarmouth	NR30 2QE	01493 850551	12pm - 4pm

Monday 1 January – New Years Day

Pharmacy Name	Town	Postcode	Contact No.	Opening Hours
Lime Pharmacy	Thetford	IP24 2HY	01842 762913	12pm - 4pm
The Clock Pharmacy	King's Lynn	PE30 4EA	01553 774716	10am - 2pm
Dereham Pharmacy	Dereham	NR19 1AE	01362 692080	10am - 2pm
Fakenham Pharmacy	Fakenham	NR21 8SY	01328 850301	9am - 1pm
David Jagger	Wells next the Sea	NR23 1AG	01328 710239	8am - 12pm
North Walsham Pharmacy	North Walsham	NR28 0BQ	01692 400921	2pm - 6pm
St Stephens Gate Pharmacy	Norwich	NR2 2TJ	01603 618936	9am - 1pm
Hunts Pharmacy	Norwich	NR1 4AB	01603 433654	2pm - 6pm
Beccles Health Centre	Beccles	NR34 9NQ	01502 717278	9am - 1pm
Greyfriars Pharmacy	Great Yarmouth	NR30 2QE	01493 850551	2pm - 6pm

However, there will be other pharmacies that are also voluntarily choosing to be open over Boxing Day and New Years Day.

To find other pharmacies open near you, scan this QR code or visit www.nhs.uk/find-a-pharmacy.



Carers – plan for an emergency

Do you look after an older, vulnerable, or unwell friend or relative?

We're encouraging all carers to create a Carers' Emergency Plan to prepare for the unexpected.

The plan includes information about the needs of the person you care for and who they want to look after them if you become unwell or are suddenly unavailable. It also has useful contact numbers and details on looking after any pets.

There are around

90,000

carers in Norfolk



You can make your plan at
www.norfolk.gov.uk/carersemergencyplan

Once complete, you will receive an emergency carer's card, including the emergency plan number and helpline.

Carers Matter Norfolk is available to support carers online, by phone or in person.

www.carersmatternorfolk.org.uk
or 0800 083 1148.

Key contacts for families

Just One Number

0300 300 0123

For any questions or worries you have about your child

ChatHealth

07480 635060

Secure text messaging advice service for 11-19-year-olds

Age UK's Advice Line

0800 678 1602

Free confidential advice for older people and their families

There's lots of support available for people at any stage of life. Here are some key contacts to help you and your family.

Norfolk County Council

0344 800 8020

To report a safeguarding concern about an adult or child

Leeway refuge services

0300 561 0077

24-hour helpline for victims of domestic abuse

First Response helpline

111 (option 2)

For people of all ages needing urgent mental health support



Free

(for eligible families)

Christmas Holiday Playscheme

Chapel Break Village Hall

See days for times

With a lunch provided

To book contact us by email:

chapelbreakclubs@hotmail.com or call us on:

01603442059 or pop and see us after

3:30pm Monday to Friday.

What's on

THURSDAY 21 st Dec 10AM TO 2PM	FRIDAY 22 nd Dec 12:30 TO 4:30PM
Christmas Crafts	Christmas party with 



All this and a wide range of toys and play equipment

Lunch choices

Thurs 21 st Dec	Fri 22 nd Dec
Cheese & tom Pizza, wedges and side salad	Party Buffet Lunch
Garlic bread, wedges and side salad	

All meals also served with a yoghurt, cereal bar and fruit





Angels'

After School Provision

FROM JANUARY 2024, WE WILL BE EXTENDING OUR HOURS OF
AFTER SCHOOL PROVISION UNTIL 6PM.



PRICES OF AFTER SCHOOL PROVISION:

£9.00 FROM 15:15-17:30

£9.50 FROM 15:15-18:00

PRICE INCLUDES TRANSPORT FROM CLOVER HILL VA INFANT AND NURSERY TO
ST. MICHAELS VA JUNIOR SCHOOL

Supervised activities including seasonal arts and crafts, movies, iPads,
board games, Lego, cookery and Wii games. Outdoor activities
(weather permitting) sports and free play.

After School Provision is run by members of staff presently
employed by the school.

Places are strictly limited. Bookings must be made and paid for before 10:00am
on the day required.





Casual Nursery

Hours Available In Spring Term

We have some capacity to offer our existing nursery children additional paid sessions from January 2024

Morning or afternoon sessions available on a first come first served basis

3.5 hour session for £15 which includes lunch supervision
School lunch can also be purchased or bring a packed lunch

PLEASE SPEAK TO MRS. FRARY FOR
FURTHER INFORMATION

