St Michael's VA Junior School



What's happening from

15th January 2024

http://www.stmichaelsjuniorschool.co.uk/



HOPE, RESPECT, PERSEVERANCE, TRUST, SUCCESS

Monday	Tuesday	Wednesday	Thursday	Friday					
PE Year 3	PE Year 4		PE Year 5	PE Year 6					
ALL CLUBS FINISH AT 4.15PM									
After School Club • Multi–sports	Affer School Club	After School Club	After School Club • Girls Football • Rugby	After School Club • Boys Football					

DATES FOR YOUR DIARY

• Thurs 18 January

• Thurs 18 January

• Thurs 8 to Fri 9 Feb

• Fri 16 February

Mon 26 February

Wed 6 MarchThurs 7 March

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• Mon 11 to Fri 15 March

Fri 15 March

• Fri 22 March

• Wed 27 March

Wed 27 MarchMon 15 April

Year 6 Eaton Vale trip
School finishes for Half Term at 3.15pm
Return to school

Year 5 & 6 trip to see Matilda

Dental Screening for Year 5 and Year 6

World Book Day ~ dress up as your favourite book character

Parents consultation evenings

Comic Relief Day

Special Lunch

Non Uniform day ~ bring donation of an Easter Egg

Easter Egg Raffle

School finishes at 3.15pm for Easter Holidays

Return to school





Clover Hill VA Infant and Nursery and St Michael's VA Junior Schools are Federated. This means we are like a **through primary school on 2 sites**. Your child can start with us aged 3 in our Nursery and stay in the Federation until they leave for high school at the end of year 6 aged 11!

But do you know why our Federation is called All Angels' Federation?

Well, we are named after the old church! Have you visited the ruins of St Michael's and All Angels? Have a wander round the heritage site and see where we got the inspiration for our Primary Federation.



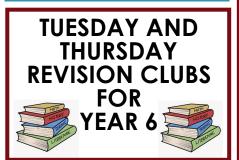
Vacancy at CLOVER HILL – Lunch time Play Leader

Daily from 12.00 to 1.30pm term time only. Salary £11.59 per hour.

We have a vacancy for someone who loves organising games and activities with children! If you would like to be considered for this rewarding and valuable position, please email choffice@allangelsfederation.org.uk for an application form and appointment to discuss the role.

This position is subject to safeguarding checks.





THANKFULNESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value THANKFULNESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT THANKFULNESS TOGETHER.

'Count your blessings' is an old saying, but it reminds us to be **thankful** and not take things for granted.

As a family you may like to talk about

- Remembering to let other people know when you are thankful
- · Not taking things for granted
- · Practical ways of showing gratitiude
- How it feels when someone thanks you!

THINK TOGETHER ABOUT WORDS OF WISDOM

"God gave you a gift of 86,400 seconds today.

Have you used one to say thank you?"



READ TOGETHER... The Man Who Came Back

Jesus was travelling along the dusty roads towards Jerusalem. At each village he was welcomed by people, happy to see him and listen to his teaching. But today, as he entered the village he saw in the distance a small group standing apart from the crowd. They were calling out, "Jesus, Master, help us, please make us well." These poor people had a disease called leprosy. They were terribly ill and no-one in the village wanted to go near them.

But Jesus didn't ignore them. He stood among them and prayed for them. As each of them went on his way they began to notice that their whole bodies were healing up. They were so excited that they immediately rushed off to share their good news. Well, nine of them did. The tenth turned and fell on his knees in front of Jesus and thanked him for what he had done.

"I healed ten people with leprosy today", said Jesus to the man. "Where are the others?". But then he smiled "Well at least you came back to say **thank** you!".

Bible story-based on Luke T^{Λ^0}

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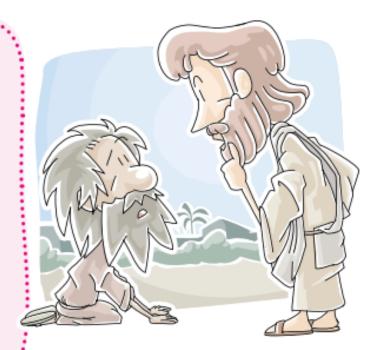
QUIZ

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Jumbled Words

Unjumble the words (that are known as anagrams), to discover words from the story.

r sleep	_	_	_	_	_	_	
per day	_	_	_	_	_	_	
net	_	_	_				
sly rope	_	_	_	_	_	_	_
heed al	_	_	_	_	_	_	
had kent	_	_	_	_	_	_	_



FASCINATING FACTS

Have you ever thought about how many people we have to **thank** for some of the everyday things that we take for granted? For example the milk we drink.

Thank you Mum & Dad for buying the milk,

Thank you supermarket workers for stacking the shelves and operating the cash tills,

Thank you lorry driver for bringing cartons of milk to the supermarket.

Thank you workers in the packaging factory,

Thank you milk tanker driver for collecting the milk from the farms and bringing it to the factory,

Thank you farmers for milking the cows.

HOME-SCHOOL CHALLENGE

Thank you chain

Think about how an everyday item reaches you: Where does it come from? Who was involved in making it? Who should you thank?

Make a **thank** you chain and bring it to school to hang in the Challenge Gallery.





HALL OF FAME

Tom Daley

Tom has become very well known as an expert diver. While still at school he won medals at swimming events across the world.

Happy times - Tom learned to swim when he was 3 years old and to dive when he was 7. Tom's parents soon realised that their son had a great gift as a diver and they did all they could to help him develop his talent.

Difficult times - For many years, Tom's father coached him, but sadly he became very sick and died when Tom was just 17.

Painful times - Like many athletes, Tom has also had to cope with great sadness in his life as well as some serious sports injuries.

Thankful times – Tom has been BBC Young Personality of the Year on three occasions. He loves his sport and is full of **thanks** for the people who have helped him to become a first class athlete.



Time to say "Thank you"

Draw a clock face for your family to fill in together.

Choose one day and ask every one to think, as the hours tick by, about one thing in each hour that they would like to say **thank** you for. Draw a picture of what you are **thankful** for in each segment.



NO MOBILE PHONES or SMART WATCHES IN SCHOOL

We remind parents and children that we <u>do not allow</u> children to bring their phones or smart watches to school.

This is a common policy in schools due to safeguarding reasons.

Unfortunately, there have been some pupils in the past who have used their phones inappropriately in school, leaving other children and staff vulnerable. In addition, school staff cannot be held responsible for the safekeeping of mobile phones.



Some parents state that they want to know if their child has got home safely. If you have any worries about your child's safety, it may be best to pick them up from school or arrange for them to walk with others.

Should there be <u>exceptional circumstances</u> requiring the need to bring a phone to school, we will need you to state these in an email to the school office addressed to Mrs McCarney.





NO

MOBILES

SCHOOL

HEAD LICE AND NITS ADVICE



FROM THE NHS

ONCE A WEEK,
TAKE A PEEK!



Head lice and nits are very common in young children.

They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

How does it feel?

- · Itchy!
- · like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.





You can do this by combing the hair with a special fine -toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should use the comb on wet or dry hair – although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

Repeat every few days for 2 weeks

Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.





There is <u>NO</u> need to keep your child off school if they have head lice.

There is nothing you can do to prevent head lice.
You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.





VICTORY ACADEMY SAT 20 JAN, 10AM-4PM

Enjoy a FREE family day out jam-packed with hands-on workshops, inspiring talks, hilarious interactive plays and more! Book in advance for specific events, or take part in drop-in activities on the day.







This is a preview event for Norwich Science Festival, presented by The Forum, which takes place across the city 17-24 February.

NORWICHSCIENCEFESTIVAL.CO.UK

Presented in partnership with:







