St Michael's V.A. Junior School

allangels'primaryfederation
Clover Hill V.A. Infant & Nursery School
& St. Michael's V.A. Junior School,
Bowthorpe, Norwich

Week commencing 7th July 2025

HOPE ~ RESPECT ~ PERSEVERANCE ~ TRUST ~ SUCCESS

Monday	Tuesday	Wednesday	Thursday	Friday
YEAR 3 & 4 SPORTS DAY			PE Year 5	YEAR 5 & 6 SPORTS DAY
Multi-Sports *finishes at 4.15pm*	Lego Club Year 5 and 6 Street Dance - All Years *finishes at 4.15pm*	All Angels' Active Club *finishes at 5pm*	Cricket *finishes at 4.15pm*	Football *finishes at 4.15pm*

DATES FOR YOUR DIARY



Mon 7 July - Year 3 and 4 Sports afternoon
Mon 7 July - Class 5W farm trip
Tue 8 July - Class 5S farm trip
Wed 9 July - Pupils to meet their new Class teacher
Fri 11 July - Year 5 and 6 Sports afternoon
Mon 14 July - Class 5WL farm trip
Wed 16 July - Class 5C farm trip
Tue 22 July - SCHOOL FINISHES at 1.15pm for Summer Holidays



LAST WEEK OF CLUBS

SCHOOL LUNCH

Week commencing 7th July

WEEK 2



See website for full menu

School menu click here

SPORTS DAY COLOURS

SAINT GEORGE **SAINT DAVID** **SAINT ANDREW** **SAINT PATICK**

Please come in your SCHOOL COLOUR if you can

4HS DANCE SHOW



Well done to 4HS who took part in the **Norwich School Sport Partnership 'Lights Camera Action' Dance Show on Thursday at The Space.**

They worked extremely hard to perfect their dance to perform on stage along with 8 other schools. They all danced brilliantly and we are so proud of them!

DSL Designated Safeguarding Leads for St. Michael's VA Junior School

Designated Safeguarding Lead Mrs. McCarney, **Alternate Safeguarding Lead** Mrs Claflin & Mr Bennison
SENCO Mr Laband, Mrs Brabbin **Pastoral** Mrs Francis, Mr Stapleton, Ms Howard, Miss Armstrong
Year 3 Lead Mrs Reeve **Year 4 Lead** Mr Shailes **Year 5 Lead** Mr Watkins **Year 6 Lead** Mr Anstiss

WALSINGHAM SHRINE TRIP



This week, all the children enjoyed their visit to Walsingham Shrine.

Children could take part in the Sprinkling Ceremony and lighting a candle in the Holy House. We visited the Abbey ruins and went into the Prior's reception room standing in the same place that Henry VIII and Catherine of Aragon would have stood.



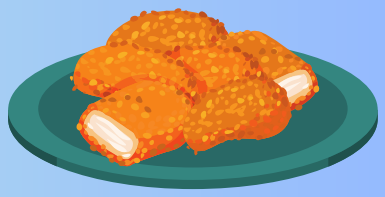
LAST DAY OF SCHOOL LUNCH WILL BE

FRIDAY FAVOURITES!

TUESDAY 22 JULY AT 12PM



FISH FINGERS



CHICKEN NUGGETS



BURGERS



& CHIPS

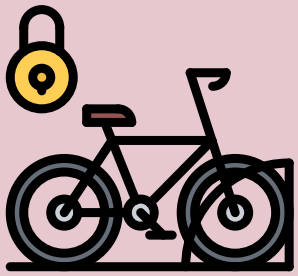
If your child would like this menu choice order the **Special macaroni beef bake** on ParentPay

PLEASE REMEMBER TO LOCK YOUR BICYCLE UP WHEN YOU GET TO SCHOOL









SCHOOL UNIFORM FREE DELIVERY





Or order by
Friday 15th August
to get
FREE DELIVERY





to school and collect on the **Tuesday 2nd September 2025**

Screens schoolwear

Click here for St. Michael's uniform

Screens schoolwear

HEAD LICE AND NITS ADVICE FROM THE NHS



ONCE A WEEK, TAKE A PEEK!



Head lice and nits are very common in young children. They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

How does it feel?

- Itchy!
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.





You can do this by combing the hair with a special fine -toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should - use the comb on wet or dry hair – although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

Repeat every few days for 2 weeks

Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.





There is NO need to keep your child off school if they have head lice.

There is nothing you can do to prevent head lice. You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.

Little Clovers

Parent and toddler group (0-4yrs old)

Fridays 9.30am - 11am

Clover Hill VA Infant & Nursery School

Rawley Road, Bowthorpe.

Every Friday, term-time only £1 per session.

Refreshments available

BACK NEXT WEEK









Little Clovers allows your child to experience and explore new surroundings inside and out along with making friends.
Little Clovers is held in a safe and secure setting enabling you to relax and your child to gain confidence.

St Michael's V.A. Junior School
All Angels' Primary Federation



POLITE REMINDER – SCHOOL TRIPS

Please don't forget to make any necessary payments for upcoming school trips via ParentPay.

Also, a gentle reminder: school packed lunches can only be ordered for children who are eligible for FREE school meals.

On the day of the trip, please remember to send your child with:

A packed lunch *(unless a free school meal has been ordered)*
A named bottle of water
A sun hat or raincoat, depending on the weather
Sun cream *(during summer months)*

Thank you for your support!

