St Michael's V.A. Junior School

allangels'primaryfederation
Clover Hill V.A. Infant & Nursery School
& St. Michael's V.A. Junior School,
Bowthorpe, Norwich

Week commencing 12th January 2026

HOPE ~ RESPECT ~ PERSEVERANCE ~ TRUST ~ SUCCESS

Monday	Tuesday	Wednesday	Thursday	Friday
PE Year 3	PE Year 4	PE Year 5		PE Year 6
Multi-Sports & Times Tables Rock Stars finishes at 4.15pm		All Angels' Active Club *finishes at 5pm*	*Cricket Club & Lego Club finishes at 4.15pm*	Football Club *finishes at 4.15pm*

HAPPY NEW YEAR!

DATES FOR YOUR DIARY

Tues 20 January - Year 4 Castle Trip

Thurs 22 January- Year 6 Crucial Crew trip

AUTUMN MENU

SCHOOL LUNCH

Week commencing 12th January

WEEK 3

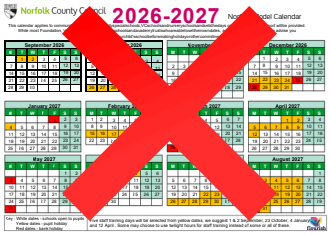
See website for full menu



School menu click here

PLEASE DO NOT REFER TO THE Norfolk County Council WEBSITE FOR TERM DATES.

USE THE ONE FOUND ON THE SCHOOL WEBSITE UNDER THE TAB "NEWS"



SEE BELOW TERM DATES 2026 FOR BOTH SCHOOLS ON THE SCHOOL WEBSITE



The Federation is closed to students on all shaded dates - red (bank holiday), green (student holiday) & blue (teacher training day)

DSL Designated Safeguarding Leads for St. Michael's VA Junior School

Designated Safeguarding Lead Mrs. McCarney, **Alternate Safeguarding Lead** Mrs Claflin & Mr Bennison

SENCO Mrs Brabbin **Pastoral** Mr Stapleton, Ms Howard, Miss Armstrong

Year 3 Lead Mrs Reeve **Year 4 Lead** Mr Shailes **Year 5 Lead** Mr Anstiss **Year 6 Lead** Mr Watkins

STUDENT COUNCIL





Learning About British Culture – Our Big Idea!

Hi everyone! We've been chatting in School Council and had a brilliant idea – we want to help all the children in school learn more about **British culture!** Things like traditions, celebrations, and what makes Britain special. We're super excited to start planning fun activities and can't wait to share them with you soon.

Watch this space!

We're Going to the FDC!

Guess what?

The whole school asked if we could go to the FDC – and it's happening! We're sorting it out with the manager right now. Parents, you can come too and cheer us on! The trip will depend on the weather, but it will be at the end of January or the beginning of February, on each year group's PE day.

We'll let you know the exact dates soon.

We can't wait!









HEAD LICE AND NITS ADVICE FROM THE NHS





ONCE A WEEK, TAKE A PEEK!

Head lice and nits are very common in young children. They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

How does it feel?

- Itchy!
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.





You can do this by combing the hair with a special fine -toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should - use the comb on wet or dry hair – although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

Repeat every few days for 2 weeks

Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.





There is NO need to keep your child off school if they have head lice.

There is nothing you can do to prevent head lice. You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.

Little Clovers

Parent and toddler group (0-4yrs old)

Clover Hill V.A Infant & Nursery School

Fridays 9.30am - 11am

Clover Hill VA Infant & Nursery School

Rawley Road, Bowthorpe.

Every Friday, term-time only £1 per session.

Refreshments available

HAPPY NEW YEAR!







Doors will open early as weather is supposed to be not nice next week.

NO OUTSIDE PLAY!

Little Clovers allows your child to experience and explore new surroundings inside and out along with making friends.
Little Clovers is held in a safe and secure setting enabling you to relax and your child to gain confidence.