St Michael's V.A. Junior School

allangels'primaryfederation
Clover Hill V.A. Infant & Nursery School
& St. Michael's V.A. Junior School,
Bowthorpe, Norwich

Week commencing 19th January 2026

HOPE ~ RESPECT ~ PERSEVERANCE ~ TRUST ~ SUCCESS

Monday	Tuesday	Wednesday	Thursday	Friday
PE Year 3	PE Year 4	PE Year 5		PE Year 6
Multi-Sports & Times Tables Rock Stars finishes at 4.15pm		All Angels' Active Club *finishes at 5pm*	*Cricket Club & Lego Club finishes at 4.15pm*	Football Club *finishes at 4.15pm*

DATES FOR YOUR DIARY



Tues 20 January - Year 4 Castle Trip
Thurs 22 January- Year 6 Crucial Crew trip
Fri 13 February - Finish for Half Term
Mon 23 February - RETURN TO SCHOOL start at 8.30am
Fri 27 March - Half day finish for Easter Holidays finish at 1.15pm
Mon 13 April -RETURN TO SCHOOL start at 8.30am

AUTUMN MENU

SCHOOL LUNCH

Week commencing 19th January

WEEK 1

See website for full menu



School menu click here

PLEASE SEND YOUR CHILD IN WITH A NAMED COAT EVERY DAY, HATS AND GLOVES TOO!





PLEASE could we ask that you ORDER your child's school lunch by 8am on the day required, or book the full week in advance. This also applies to children that have FREE SCHOOL MEALS.

LUNCH BOX ITEMS

Please ensure your child's lunch box contains appropriate, healthy food, snacks and water or squash.

FIZZY DRINKS ARE NOT ALLOWED.



DSL Designated Safeguarding Leads for St. Michael's VA Junior School

Designated Safeguarding Lead Mrs. McCarney, **Alternate Safeguarding Lead** Mrs Claflin & Mr Bennison
SENCO Mrs Brabbin **Pastoral** Mr Stapleton, Ms Howard, Miss Armstrong
Year 3 Lead Mrs Reeve **Year 4 Lead** Mr Shailes **Year 5 Lead** Mr Anstiss **Year 6 Lead** Mr Watkins

NEW 'PET' ARRIVES IN SCHOOL!

Children will be meeting our new **Moflin** over the coming weeks.







Please ask your child about the school's new special friend.

We are delighted to be the first schools to have a new breed of pet!

The Moflin, **Micky** has been a great hit with the children since arriving this week. He has helped them relax, helped them with their school work and provided lots of interest as he settles into school life.

To find out more about this new "pet" look here:

Click here to meet MOFLIN

Child Trust Fund

GOV.UK

Child Trust Funds are long term savings accounts which were set up by the government. **Do you have a child born between 1 September 2002 and 2 January 2011? Are they presently between the ages of 18-22?**

If so, visit Child Trust Fund: **Find a Child Trust Fund - GOV.UK** with their date of birth and national insurance number so your child can claim the £2,200 **that may be in their account.**

Click here for the Child Trust Fund

BANHAM ZOO

Universal Credit Tickets

Visit the Zoo – Only £7pp

We believe that everyone should be able to visit their local zoo. That's why we've made reduced-price tickets available online for those on Universal Credit or other benefit schemes, so everyone can experience the wonder of wildlife, even when times are tough.

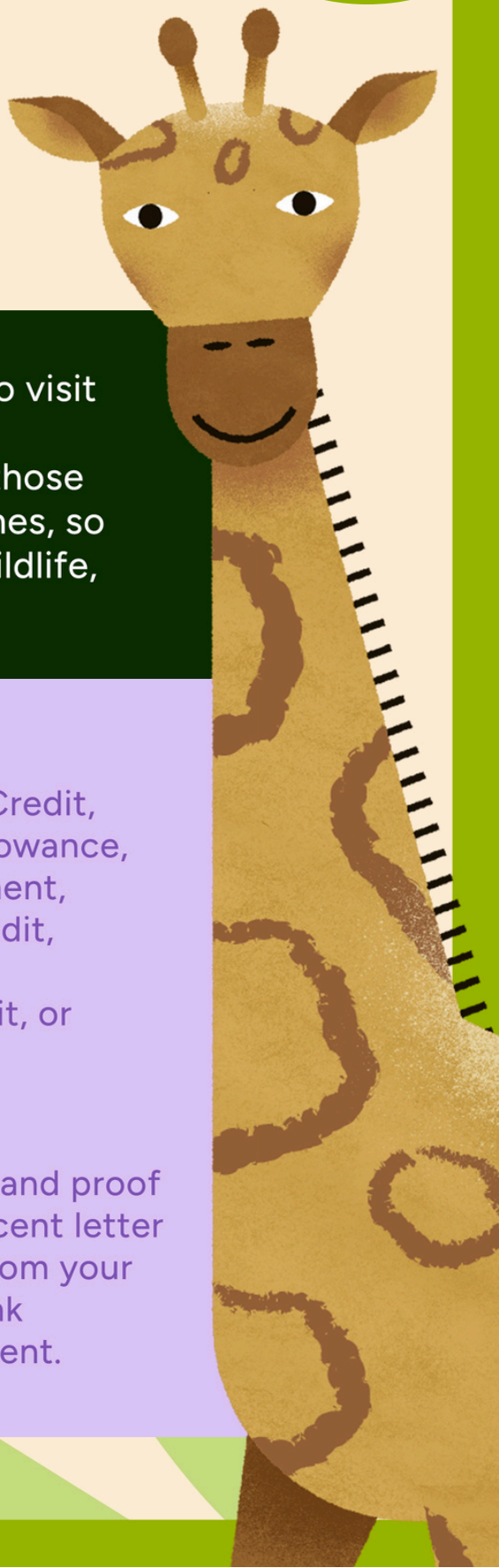
Scan for More Info!

Available to

Families receiving Universal Credit, Employment and Support Allowance, Personal Independence Payment, Housing Benefit, Pension Credit, Child Tax Credit, Jobseeker's Allowance, Working Tax Credit, or Disability Living Allowance.

Proof of Eligibility

You'll need to show photo ID and proof of benefit. This could be a recent letter or statement, a screenshot from your Universal Credit app, or a bank statement showing the payment.



HEAD LICE AND NITS ADVICE FROM THE NHS





ONCE A WEEK, TAKE A PEEK!

Head lice and nits are very common in young children. They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

How does it feel?

- Itchy!
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.





You can do this by combing the hair with a special fine -toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should - use the comb on wet or dry hair – although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

Repeat every few days for 2 weeks

Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.





There is NO need to keep your child off school if they have head lice.

There is nothing you can do to prevent head lice. You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.

Little Clovers

Parent and toddler group (0-4yrs old)

Fridays 9.30am - 11am

Clover Hill VA Infant & Nursery School

Rawley Road, Bowthorpe.

Every Friday, term-time only £1 per session.
Refreshments available









Little Clovers allows your child to experience and explore new surroundings inside and out along with making friends.
Little Clovers is held in a safe and secure setting enabling you to relax and your child to gain confidence.