St Michael's V.A. Junior School

allangels'primaryfederation
Clover Hill V.A. Infant & Nursery School
& St. Michael's V.A. Junior School,
Bowthorpe, Norwich

Week commencing 26th January 2026

HOPE ~ RESPECT ~ PERSEVERANCE ~ TRUST ~ SUCCESS

Monday	Tuesday	Wednesday	Thursday	Friday
PE Year 3	PE Year 4	PE Year 5		PE Year 6
Multi-Sports & Times Tables Rock Stars finishes at 4.15pm		All Angels' Active Club *finishes at 5pm*	*Cricket Club & Lego Club finishes at 4.15pm*	Football Club *finishes at 4.15pm*

DATES FOR YOUR DIARY

Tue 3, Wed 4, Thurs 5 February - Parent consultation meetings
Fri 13 February - Finish for Half Term
Mon 23 February - RETURN TO SCHOOL start at 8.30am
Fri 20 March - Year 6 Parent Easter Cafe
Mon 23 March - Year 3 Parent Easter Cafe
Tue 24 March - Year 4 Parent Easter Cafe
Wed 25 March - Year 5 Parent Easter Cafe
Fri 27 March - Half day finish for Easter Holidays finish at 1.15pm
Mon 13 April -RETURN TO SCHOOL start at 8.30am

AUTUMN MENU

SCHOOL LUNCH

Week commencing 26th January

WEEK 2

See website for full menu



School menu click here



From here on, we will keep in touch with you using the following channels:

EMAIL

Attendance meetings and appointments will be shared via email.

BULLETIN

The school bulletin will be school news and events in school. Posted on Class Dojo and the school website.

ClassDojo School

Class Dojo will include classroom news and information about events in and outside of school.

NO CHEWING GUM IN SCHOOL



Please note that chewing gum is NOT allowed on school grounds. THANK YOU FOR YOUR COOPERATION.

DSL Designated Safeguarding Leads for St. Michael's VA Junior School

Designated Safeguarding Lead Mrs. McCarney, **Alternate Safeguarding Lead** Mrs Claflin & Mr Bennison
SENCO Mrs Brabbin **Pastoral** Mr Stapleton, Ms Howard, Miss Armstrong
Year 3 Lead Mrs Reeve **Year 4 Lead** Mr Shailes **Year 5 Lead** Mr Anstiss **Year 6 Lead** Mr Watkins

STUDENT COUNCIL



We're Going to the FDC!



Year 3 Monday 2 February

Year 4 Tuesday 3 February

Year 5 Wednesday 4 February

Year 6 change of PE day to Thursday 5 February

Parents, you can come too and cheer us on from 2pm to 3pm!

The trip will depend on the weather.

YEAR 5 & 6

Spaces still AVAILABLE for

MATILDA

in London on Wednesday 20 May



YEAR 5

there are till spaces AVAILABLE for Eaton Vale NEXT YEAR 2027





eaton vale
scout and guide activity centre







<u>PLEASE</u> could we ask that you <u>ORDER</u> your child's school lunch by 8am on the day required, or book the full week in advance. This also applies to children that have FREE SCHOOL MEALS.

Little Clovers

Parent and toddler group (0-4yrs old)

Fridays 9.30am - 11am

Clover Hill VA Infant & Nursery School
Rawley Road, Bowthorpe.

Every Friday, term-time only £1 per session.
Refreshments available








We played inside and went to explore the nursery garden

Little Clovers allows your child to experience and explore new surroundings inside and out along with making friends.
Little Clovers is held in a safe and secure setting enabling you to relax and your child to gain confidence.

HEAD LICE AND NITS ADVICE FROM THE NHS





ONCE A WEEK, TAKE A PEEK!

Head lice and nits are very common in young children. They don't have anything to do with dirty hair and are usually picked up from head-to-head contact.

Check if it is head lice

Head lice are small insects, up to 3mm long. They can be difficult to spot. Head lice eggs (nits) are yellow, brown or white (empty shells) and attached to the hair.

How does it feel?

- Itchy!
- like something is moving in your hair

The only way to be sure someone has head lice is by finding live lice or eggs.





You can do this by combing the hair with a special fine -toothed comb (detection comb). You can buy these online or at pharmacies.

How to get rid of head lice

You can treat head lice without seeing a GP. Treat head lice as soon as you spot them. You should check everyone in the house and treat them on the same day if they have head lice.

Use a fine toothed-comb

If you don't want to use chemicals, you can buy a special fine-toothed comb online or from pharmacies to remove head lice and nits. There will be instructions on the pack but you should - use the comb on wet or dry hair – although it usually works better on wet hair with conditioner. Comb the whole head of hair from the roots to the ends.

Repeat every few days for 2 weeks

Use lotion or spray

You can use medicated lotions and sprays to kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online. Head lice should die within a day. Some treatments need to be repeated after a week to kill any newly hatched lice.





There is NO need to keep your child off school if they have head lice.

There is nothing you can do to prevent head lice. You can prevent head lice from spreading by avoiding head-to-head contact.

Don't use medicated lotions or spray to prevent head lice as this can irritate the scalp and skin.