OUR WIDER LEARNING

Our Wider Curriculum at a Glance

Our planned programme connects Christian values, practical safety skills, wellbeing and citizenship, helping children become thoughtful, confident and increasingly independent.

1 Being a good friend

Friendship, resolving disagreements and recognising bullying.

Explore how to support others and seek help.

Learning aim: I can recognise unkind behaviour and explain what to do.

2 Staying safe

Road, rail, fire and water safety, with first aid learning.

Practise spotting risks and making safer choices.

Learning aim: I can explain a risk and identify a safe next step.

3 Feeling healthy and happy

Sleep, exercise, food and ways to care for our mental health.

Explore self-care strategies and trusted sources of help.

Learning aim: I can choose a helpful way to look after myself.

4 Making good choices online

Gaming, cyberbullying, sharing content and online influence.

Learn when to pause, report, block and ask for help.

Learning aim: I can recognise when an online situation needs adult help.

5 Finding our voice

School council, democracy, rights and responsibilities.

Explore voting, expressing opinions and respectful disagreement.

Learning aim: I can share my views and listen to other perspectives.

6 Belonging and making a difference

Compassion, faith, diversity and challenging discrimination.

Explore other people's experiences and how we can help.

Learning aim: I can explain how my actions can make others feel included.

THE YEAR AT A GLANCE

Values we learn to live

Six half-terms connect reflection with practical learning. These highlights summarise the planned programme; dates and event arrangements are shared separately by school.

AUTUMN 1

Belonging

Taking responsibility and celebrating our community.

Online and road safety; mental health; Black British history and culture; Harvest.

Talk at home: How can we take responsibility for our words and actions?

AUTUMN 2

Friendship

Standing up for others and speaking out.

Remembrance; anti-bullying; democracy; personal safety; Advent and carol services.

Talk at home: What could you do if you saw someone being bullied?

SPRING 1

Compassion

Understanding other people's needs.

Helping neighbours and older people; respect; road and online safety; mental health awareness.

Talk at home: How can you notice when someone needs help?

SPRING 2

Peace

Making peace and making thoughtful choices.

Resolving conflict; democracy and liberty; fire safety; Speak Out Stay Safe; World Book Day and Easter.

Talk at home: How could we disagree and still show respect?

SUMMER 1

Courage

Facing challenges and asking for help.

Standing up to bullying; exercise and wellbeing; online, road and water safety.

Talk at home: When might asking for help be a courageous choice?

SUMMER 2

Creativity

Appreciating our world and preparing for change.

Gypsy, Roma and Traveller histories and cultures; healthy eating; sun and online safety; goodbyes.

Talk at home: What helps you feel ready for a new beginning?

FROM YEAR 3 TO YEAR 6

Small steps. Greater independence.

Children revisit important themes with greater depth as they grow. Selected examples below show the planned journey from recognising everyday situations to making informed decisions.

	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Water safety	Spot dangers around water.	Understand the meaning of safety flags.	Assess how risky a situation is.	Make informed, safer choices.
Online safety	Know what to do if something online worries me.	Explore safer phone use and gaming.	Recognise cyberbullying; save evidence and block.	Support others and understand the lasting impact of sharing.
Friendship	Understand bullying and the role of a bystander.	Distinguish conflict from bullying; explore false friendships.	Recognise baiting and respond without escalating.	Explore harmful banter and where to find wider support.
Having a voice	Express an opinion and understand school council roles.	Practise saying no and explore local representation.	Explore freedom of speech and different systems of government.	Explore elections, peaceful activism and human rights.
Wellbeing	Explore positive thinking, mindfulness and five a day.	Recognise triggers; explore relaxation and a balanced diet.	Understand sleep, body signals and energy drinks.	Choose self-care strategies and make healthy choices for transition.

Keep the conversation going

Ask: What did you learn? When might you use it? Who could help? If a topic raises a worry, speak with your child's class teacher so home and school can work together.

WEEKLY CALENDAR

Autumn 1 | Belonging

Christian values, collective worship, class and year-group assemblies, and planned events.

Week beginning	School theme	Year-group assembly	Class assembly	Trips, visits and events
7 Sep 2026	Taking responsibility for what we say	Online Safety	Online Safety	–
14 Sep 2026	Taking Responsibility for our time	SMSC	Road-safety	–
21 Sep 2026	Taking Responsibility for our Anger	Harvest	Mental Health Toolkit	United Nations for Peace (21st) Languages Day (26th September)
28 Sep 2026	Black History Month – Our Black British History	Caribbean Culture	Black British Icons	St. Michael's Day (29th September)
5 Oct 2026	Harvest Festival	Black British Icons	Black British Icons	World Mental Health Day (10th October)
12 Oct 2026	Using our gifts responsibly	Carnival	Black British Icons	World Food Day (16th October)
19 Oct 2026	Taking responsibility for our family members	Black British Icons	Black British Icons	–

WEEKLY CALENDAR

Autumn 2 | Friendship

Christian values, collective worship, class and year-group assemblies, and planned events.

Week beginning	School theme	Year-group assembly	Class assembly	Trips, visits and events
2 Nov 2026	Standing up for Friends	British Values: Democracy	Personal safety (Fireworks)	–
9 Nov 2026	Remembrance	Remembrance	Stranger Danger	Children in Need 13th
16 Nov 2026	Anti-bullying: Break the Silence	Anti-bullying	Anti-bullying	–
23 Nov 2026	Friendship in Good times and Bad	British Values: Individual Liberty	British Values: Individual Liberty	–
30 Nov 2026	Advent	SMSC	Speak Out Stay Safe	St Andrew's Day
7 Dec 2026	Advent	Online Safety	Online Safety	–
14 Dec 2026	No assembly – Carol Services	SMSC	Rail safety	Carol services

WEEKLY CALENDAR

Spring 1 | Compassion

Christian values, collective worship, class and year-group assemblies, and planned events.

Week beginning	School theme	Year-group assembly	Class assembly	Trips, visits and events
4 Jan 2027	Inset Day	British Values: Rule of Law (Y5 & 6 Ben Kinsella: Knife Crime)	Rule of Law (Y5 & 6 Ben Kinsella: Knife Crime)	–
11 Jan 2027	God's Compassion for his people	Anti-bullying	Antibullying	–
18 Jan 2027	Showing compassion to others by sharing what we have	SMSC	Road Safety	–
25 Jan 2027	Compassion for the elderly	British Values: Mutual Respect & Tolerance	British Values: Mutual Respect & Tolerance	–
1 Feb 2027	Compassion for neighbours in need	SMSC	Mental Health Toolkit	Children's Mental Health Awareness Week
8 Feb 2027	Compassion for the poor	Online Safety	Online Safety	Safer Internet

WEEKLY CALENDAR

Spring 2 | Peace

Christian values, collective worship, class and year-group assemblies, and planned events.

Week beginning	School theme	Year-group assembly	Class assembly	Trips, visits and events
22 Feb 2027	Peaceful places	British Values: Democracy	British Values: Democracy	–
1 Mar 2027	Making Peace	Anti-bullying	Online Safety (Anti-bullying)	St. David's Day (1st March) World Book Day (4th March)
8 Mar 2027	Prince of Peace	SMSC	Fire Safety	–
15 Mar 2027	Living at Peace with the world	British Values: Individual Liberty	British Values: Individual Liberty	St. Patrick's Day (17th March)
22 Mar 2027	Easter	British Values: Mutual Respect and Tolerance	NSPCC Speak Out Stay Safe Lesson SOSS resources 2023 | NSPCC Learning	–

WEEKLY CALENDAR

Summer 1 | Courage

Christian values, collective worship, class and year-group assemblies, and planned events.

Week beginning	School theme	Year-group assembly	Class assembly	Trips, visits and events
12 Apr 2027	INSET day	SMSC	Keeping Healthy (Exercise)	–
19 Apr 2027	Encouraging others	British Values: Democracy	British Values: Democracy	–
26 Apr 2027	Facing our fears with courage	British Values: Mutual respect and tolerance	British Values: Mutual respect and tolerance	–
3 May 2027	Bank holiday	Online Safety	Online Safety	–
10 May 2027	Facing Bullies with courage	Anti-bullying	Anti-bullying	SATs week for Year 6
17 May 2027	The courage to stand firm	SMSC	Water safety	–
24 May 2027	Courage to make the first move	Road Safety	Mental Health Toolkit	–

WEEKLY CALENDAR

Summer 2 | Creativity

Christian values, collective worship, class and year-group assemblies, and planned events.

Week beginning	School theme	Year-group assembly	Class assembly	Trips, visits and events
7 Jun 2027	GRT Month	British Values: Rule of Law	British Values: Rule of Law	June – GRT month
14 Jun 2027	An Artist's eye on creation	Anti-bullying	Sun safety	–
21 Jun 2027	Carers of Creation	SMSC	Healthy Eating	–
28 Jun 2027	The Miracle of Creation	British Values: Individual Liberty	British Values: Individual Liberty	–
5 Jul 2027	Using our senses to enjoy Creation	NSPCC Speak Out Stay Safe Lesson SOSS resources 2023 | NSPCC Learning	NSPCC Speak Out Stay Safe Lesson SOSS resources 2023 | NSPCC Learning	–
12 Jul 2027	Celebrating the creation of new life	Online Safety	Online Safety	–
19 Jul 2027	Goodbyes	Goodbyes	Goodbyes	–

YEAR-GROUP PROGRESSION

British Values

Planned learning from Year 3 to Year 6. Part 1 of 3.

Value and term	Year 3	Year 4	Year 5	Year 6
Democracy Year Groups to arrange	Voting for School and Eco-Council Watch How and why do we vote? - Citizenship 8-11 - BBC Bitesize	Voting for School and Eco-Council Watch How and why do we vote? - Citizenship 8-11 - BBC Bitesize	Voting for School and Eco-Council Watch How and why do we vote? - Citizenship 8-11 - BBC Bitesize	Voting for School and Eco-Council Watch How and why do we vote? - Citizenship 8-11 - BBC Bitesize
Democracy Autumn	Story of Guy Fawkes and introduce concept of parliament.	Revisit the story of Guy Fawkes and how governments are elected today.	Revisit the story of Guy Fawkes and modern parliament (house of commons & house of lords)	Voting systems in both houses and systems in place.
Democracy Spring	School council representative role & wider school council role/purpose (visit from Y6)	Norwich City Council (visit from a council representative)	The Origins of Democracy and Systems of Governance	The Separation of Power: the Executive and the Judiciary
Democracy Summer	Who is our Prime Minster and what is a PMs role?	Who is our Local MP and what do MPs do? Clive Lewis MP	The Difference Between a Prime Minister and a President	Local and National Elections
Rule of law Autumn	Class rules and school rules	Class rules and school rules	Class rules and school rules	Class rules and school rules

YEAR-GROUP PROGRESSION

British Values

Planned learning from Year 3 to Year 6. Part 2 of 3.

Value and term	Year 3	Year 4	Year 5	Year 6
Rule of law Spring	Home and community rules	Why are rules important? What would a school without rules look like?	UK law – what does it mean for them as children.	Human Rights
Rule of law Summer	How to report a crime	Public service roles: police, army, firefighter, paramedic.	Law Making and Enforcing (the Police and the Judiciary)	Comparing laws through a global lens (age-appropriate current affairs topic)
Individual Liberty Autumn	Personality, Talents and Abilities	How do I show respect for myself?	Should my needs be prioritised over others?	Peaceful Activism
Individual Liberty Spring	My Values, Needs and Wants	Freedom to dream	Body Image and the Media	Global comparison

YEAR-GROUP PROGRESSION

British Values

Planned learning from Year 3 to Year 6. Part 3 of 3.

Value and term	Year 3	Year 4	Year 5	Year 6
Individual Liberty Summer	Using My Voice: How do I express an opinion?	Using My Voice: How do I say no? (scenarios)	Freedom of Speech, Thought and Action	Amnesty International
Mutual Respect and Tolerance Autumn	How do we disagree respectfully and avoid conflict?	Challenging Discrimination & Prejudice Respect of Customs and Traditions	Challenging Discrimination & Prejudice Kick It Out Campaign	Challenging Discrimination & Prejudice Faith and Belief in the UK: Can we live together?
Mutual Respect and Tolerance Spring	Refugees What does it feel like for children and families to leave their home? Resource	Refugees: What makes the UK a safe place for refugee families?	Refugees: Why are people refugees? Resource	Refugees: Global Picture Resource
Mutual Respect and Tolerance Summer	Challenging Discrimination & Prejudice How do you show respect to others?	Challenging Stereotypes	Maintaining respect and tolerance online	Challenging Fake News

YEAR-GROUP PROGRESSION

Anti-bullying

Planned learning from Year 3 to Year 6.

Term	Year 3	Year 4	Year 5	Year 6
Autumn	Definition of bullying and how school prevents and responds.	Definition of bullying and the difference between conflict and bullying.	Definition of bullying and what to do if it happens away from school.	Definition of bullying Protective characteristics and the law.
Autumn	Anti-bullying week: United against bullying	Anti-bullying week: United against bullying	Anti-bullying week: United against bullying	Anti-bullying week: United against bullying
Spring	Roles in bullying including the role of a bystander	Roles in bullying including the role of a bystander	Roles in bullying including the role of a bystander	Roles in bullying including the role of a bystander
Spring	How to be a 'defender': Role of a peer mediator	How to be a 'defender' & what might prevent you being a 'defender'?	Difference between a 'defender' and taking matters into your own hands.	Real-life defenders e.g. in the news
Summer	Spreading rumours	False Friendships Resource	Baiting Resource	Banter Resource
Summer	Circle of Friends	Pastoral Team	Restorative Practices	Wider Support Services

YEAR-GROUP PROGRESSION

Online Safety

Planned learning from Year 3 to Year 6. Part 1 of 2.

Term	Year 3	Year 4	Year 5	Year 6
–	–	–	Every session children will be reminded about staying healthy with technology.	Every session children will be reminded about staying healthy with technology.
–	–	–	When teaching the below reference platforms such as Tik Tok, snapchat, facebook, Instagram, youtuber, What's App and any new platforms.	When teaching the below reference platforms such as Tik Tok, snapchat, facebook, Instagram, youtuber, What's App and any new platforms.
Autumn	What technology do they have in the home?	What technology is there in society?	Cyberbullying: Reporting to adults and platform moderators.	Cyberbullying: Supporting others in tackling cyberbullying.
Autumn	Safer internet settings at home (provide sheet children give to parents)	Safer internet settings at home (provide sheet children give to parents)	Cyberbullying: Evidence and blocking. (inc. screen capture)	Age-Related Content: Peer-pressure and reporting

YEAR-GROUP PROGRESSION

Online Safety

Planned learning from Year 3 to Year 6. Part 2 of 2.

Term	Year 3	Year 4	Year 5	Year 6
Spring	Appropriate use of tablets	Appropriate use of mobile phones	Recognising Age Related Content: Social-Media Platforms Gaming TV/Film/Streaming Services	Images and Video Sharing: Permanency of content and future implications
Spring	Staying healthy using technology (late night/overuse)	Staying healthy using technology (late night/overuse)	Followers and Safe Interaction	Followers and Safe Interaction
Summer	In-app purchases	In-app purchases	Gaming: What are the negative side-effects of gaming and how can I protect myself?	Dangers of Live Streaming: Unpredictable nature
Summer	What to do if I am worried about something I see?	Gaming: Roblox & Minecraft	Youtubers: Are these people being 'real' or playing a character to gain followers and make money?	Cyber-Crime Viruses and Malware: How protect yourself. Understanding virtual world is still real-world.

YEAR-GROUP PROGRESSION

General Safety

Every lesson reinforces how children should communicate with the emergency services. Part 1 of 4.

Term	Year 3	Year 4	Year 5	Year 6
Autumn	Road Safety: Stop, Look & Listen Resource	Road Safety: Take the Lead Resource	Road Safety: Campaign Spotlight Resource Send children out with Tales of the Road workbook: Resource	Road Safety: Road Ready Resource
Autumn	Fireworks	Fireworks	Fireworks	Fireworks
Autumn	Stranger Danger	Stranger Danger	County Lines: St. Giles Trust	County Lines: St. Giles Trust
Autumn	Rail Safety: Resource	Rail Safety: Resource	Rail Safety: Resource	Rail Safety: Resource

YEAR-GROUP PROGRESSION

General Safety

Every lesson reinforces how children should communicate with the emergency services. Part 2 of 4.

Term	Year 3	Year 4	Year 5	Year 6
Spring	N/A	N/A	Knife Crime: Ben Kinsella KS2 Investigation Resource	Knife Crime: Ben Kinsella KS2 Investigation (Optional Police Visit) Resource
Spring	Cycling Safety: Bike ability	Cycling Safety: Bike ability	Cycling Safety: Helmets and Brakes	Cycling Safety: Cycle MOT
Spring	N/A	N/A	Knife Crime: Ben Kinsella Being a Good Friend & Keeping Secrets Resource	Knife Crime: Ben Kinsella Recap 'risky secrets' & Thinking about Consequences and What Could Happen Next Resource
Spring	N/A	N/A	Knife Crime: Ben Kinsella Being asked to keep a 'risky' secret & Thinking about Consequences and What Could Happen Next Resource	Knife Crime: Ben Kinsella Ben's Story Resource

YEAR-GROUP PROGRESSION

General Safety

Every lesson reinforces how children should communicate with the emergency services. Part 3 of 4.

Term	Year 3	Year 4	Year 5	Year 6
Spring	Fire Safety Meet a Fire Crew Member	Fire Safety: Safety in the Home Resource	Fire Safety: Smoke Detectors & Carbon Monoxide (CO) Resource Resource	Fire Safety: Top Tips Resource
Spring	First Aid Workshop (Visitor) Additional Resources: Resource https://firstaidchampions.redcross.org.uk/primary/first-aid-skills/	First Aid Workshop (Visitor) Additional Resources: Resource https://firstaidchampions.redcross.org.uk/primary/first-aid-skills/	First Aid Workshop (Visitor) Additional Resources: Resource https://firstaidchampions.redcross.org.uk/primary/first-aid-skills/	First Aid Workshop (Visitor) Additional Resources: Resource https://firstaidchampions.redcross.org.uk/primary/first-aid-skills/
Spring	Water Safety: Spot the Dangers Resource	Water Safety: Fly the Flag Resource	Water Safety: How Risky is This? Resource	Water Safety: Making Safe Choices Resource

YEAR-GROUP PROGRESSION

General Safety

Every lesson reinforces how children should communicate with the emergency services. Part 4 of 4.

Term	Year 3	Year 4	Year 5	Year 6
Summer	Road Safety: Visitor from the Community – Warden	Road Safety: Visitor – NCC Road Safety Community Assistant (Education)	Road Safety: Visitor – NCC Road Safety Community Assistant (Education)	Road Safety (transition unit): Map Your Journey Resource (class walk)
Summer	Personal Safety: Police Officer Visitor	Personal Safety: Police Officer Visitor	Personal Safety: Police Officer Visitor	Personal Safety: Police Officer Visitor
Summer	Sun Safety: NHS Nurse Visitor	Sun Safety: NHS Nurse Visitor	Sun Safety: NHS Nurse Visitor	Sun Safety: NHS Nurse Visitor

YEAR-GROUP PROGRESSION

Health & Wellbeing

Planned learning from Year 3 to Year 6. Part 1 of 2.

Term	Year 3	Year 4	Year 5	Year 6
Autumn	Mental Health Toolkit: Self-Care: Self-Compliments	Mental Health Toolkit: Self-care: Noticing Triggers Resource	Mental Health Toolkit: Self-care: Sleep Resource	Mental Health Toolkit: Self-care: Distraction Techniques Resource
Autumn	NSPCC: Speak Out Assembly + Activity 1 of Speak Out Stay Safe Kit	NSPCC: Speak Out Assembly + Activity 1 of Speak Out Stay Safe Kit	NSPCC: Speak Out Assembly + Activity 1 of Speak Out Stay Safe Kit	NSPCC: Speak Out Assembly + Activity 1 of Speak Out Stay Safe Kit
Spring	Mental Health Toolkit: Self-care: Positive Thinking Resource	Mental Health Toolkit: Self-care: Relaxation Techniques Resource	Mental Health Toolkit: Self-care: Acceptance Resource	Mental Health Toolkit: Self-care: Be Kind to Yourself Resource
Spring	NSPCC: Activity 2 Speak Out Stay Safe Kit - Childline	NSPCC: Activity 2 Speak Out Stay Safe Kit - Childline	NSPCC: Activity 2 Speak Out Stay Safe Kit - Childline	NSPCC: Activity 2 Speak Out Stay Safe Kit - Childline

YEAR-GROUP PROGRESSION

Health & Wellbeing

Planned learning from Year 3 to Year 6. Part 2 of 2.

Term	Year 3	Year 4	Year 5	Year 6
Spring	Keeping Healthy (Exercise): Change4Life – Reasons to get Moving Resource	Keeping Healthy (Exercise): Clubs in School	Keeping Healthy (Exercise): Clubs Outside School	Keeping Healthy (Exercise): 60 minutes – Moderate Vs Intense Activity
Summer	Mental Health Toolkit: Self-care: Mindfulness Resource	Mental Health Toolkit: Self-care: Connecting with the Outdoors Resource	Mental Health Toolkit: Self-Care: Listening to your Body Resource	Mental Health Toolkit: Self-care: Relaxation Techniques Resource
Summer	Healthy Eating: Five a Day	Healthy Eating: Balanced diet	Healthy Eating: Energy Drinks	Healthy Eating: Making My Own Healthy Choices (transition)
Summer	NSPCC: Our responsibilities to others – what to do if a friend tells you something worrying.	NSPCC: Our responsibilities to others – what to do if a friend tells you something worrying.	NSPCC: Our responsibilities to others – what to do if a friend tells you something worrying.	NSPCC: Our responsibilities to others – what to do if a friend tells you something worrying.