OUR WIDER LEARNING

Our Wider Curriculum at a Glance

Our planned programme connects Christian values, practical safety skills, wellbeing and citizenship, helping children become thoughtful, confident and increasingly independent.

1 Being a good friend

Friendship, resolving disagreements and recognising bullying.

Explore how to support others and seek help.

Learning aim: I can recognise unkind behaviour and explain what to do.

2 Staying safe

Road, rail, fire and water safety, with first aid learning.

Practise spotting risks and making safer choices.

Learning aim: I can explain a risk and identify a safe next step.

3 Feeling healthy and happy

Sleep, exercise, food and ways to care for our mental health.

Explore self-care strategies and trusted sources of help.

Learning aim: I can choose a helpful way to look after myself.

4 Making good choices online

Gaming, cyberbullying, sharing content and online influence.

Learn when to pause, report, block and ask for help.

Learning aim: I can recognise when an online situation needs adult help.

5 Finding our voice

School council, democracy, rights and responsibilities.

Explore voting, expressing opinions and respectful disagreement.

Learning aim: I can share my views and listen to other perspectives.

6 Belonging and making a difference

Compassion, faith, diversity and challenging discrimination.

Explore other people's experiences and how we can help.

Learning aim: I can explain how my actions can make others feel included.

THE YEAR AT A GLANCE

Values we learn to live

Six half-terms connect reflection with practical learning. These highlights summarise the planned programme; dates and event arrangements are shared separately by school.

AUTUMN 1

Belonging

Taking responsibility and celebrating our community.

Online and road safety; mental health; Black British history and culture; Harvest.

Talk at home: How can we take responsibility for our words and actions?

AUTUMN 2

Friendship

Standing up for others and speaking out.

Remembrance; anti-bullying; democracy; personal safety; Advent and carol services.

Talk at home: What could you do if you saw someone being bullied?

SPRING 1

Compassion

Understanding other people's needs.

Helping neighbours and older people; respect; road and online safety; mental health awareness.

Talk at home: How can you notice when someone needs help?

SPRING 2

Peace

Making peace and making thoughtful choices.

Resolving conflict; democracy and liberty; fire safety; Speak Out Stay Safe; World Book Day and Easter.

Talk at home: How could we disagree and still show respect?

SUMMER 1

Courage

Facing challenges and asking for help.

Standing up to bullying; exercise and wellbeing; online, road and water safety.

Talk at home: When might asking for help be a courageous choice?

SUMMER 2

Creativity

Appreciating our world and preparing for change.

Gypsy, Roma and Traveller histories and cultures; healthy eating; sun and online safety; goodbyes.

Talk at home: What helps you feel ready for a new beginning?

FROM YEAR 3 TO YEAR 6

Small steps. Greater independence.

Children revisit important themes with greater depth as they grow. Selected examples below show the planned journey from recognising everyday situations to making informed decisions.

	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Water safety	Spot dangers around water.	Understand the meaning of safety flags.	Assess how risky a situation is.	Make informed, safer choices.
Online safety	Know what to do if something online worries me.	Explore safer phone use and gaming.	Recognise cyberbullying; save evidence and block.	Support others and understand the lasting impact of sharing.
Friendship	Understand bullying and the role of a bystander.	Distinguish conflict from bullying; explore false friendships.	Recognise baiting and respond without escalating.	Explore harmful banter and where to find wider support.
Having a voice	Express an opinion and understand school council roles.	Practise saying no and explore local representation.	Explore freedom of speech and different systems of government.	Explore elections, peaceful activism and human rights.
Wellbeing	Explore positive thinking, mindfulness and five a day.	Recognise triggers; explore relaxation and a balanced diet.	Understand sleep, body signals and energy drinks.	Choose self-care strategies and make healthy choices for transition.

Keep the conversation going

Ask: What did you learn? When might you use it? Who could help? If a topic raises a worry, speak with your child's class teacher so home and school can work together.