KEY STAGE 2

PE Road Map

St Michael's V.A. Junior School / Years 3–6

allangels' primaryfederation
Clover Hill V.A. Infant & Nursery School
& St. Michael's V.A. Junior School,
Bowthorpe, Norwich

Year 3

Autumn 1 & 2
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA

Spring 1
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA

Spring 2
- Gymnastics or dance
- Net and wall games
- Athletics
- Striking and fielding games

Summer 1 & 2
- Net and wall games
- Athletics
- Striking and fielding games

Year 4

Autumn 1 & 2
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA

Spring 1
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA
- Net and wall games

Spring 2
- Gymnastics or dance
- Net and wall games
- Athletics
- Striking and fielding games

Summer 1 & 2
- Net and wall games
- Athletics
- Striking and fielding games

Year 5



Swimming from Spring term

Autumn 1 & 2
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA

Spring 1
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA
- Net and wall games

Spring 2
- Gymnastics or dance
- Net and wall games
- Athletics
- Striking and fielding games

Summer 1 & 2
- Net and wall games
- Athletics
- Striking and fielding games

Year 6

Autumn 1 & 2
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA

Spring 1
- Invasion games
- Gymnastics or dance
- Multi-skills / OAA
- Net and wall games

Spring 2
- Gymnastics or dance
- Net and wall games
- Athletics
- Striking and fielding games

Summer 1 & 2
- Net and wall games
- Athletics
- Striking and fielding games

OAA / Outdoor and adventurous activities