PE & School Sport

intent, implementation, impact

intent

Academic: We aim for children to develop their physical literacy through practicing the skills that are taught across a variety of sports and sporting activities. For example, each child will learn skills from at least six sports throughout the year. The main academic driver for our children will be to develop their physical skills, such as throwing and catching, as they move through the school from Year 3 to Year 6. In years 3 and 4 the focus will be on developing these physical skills. As the children move into years 5 and 6 they will be encouraged to apply their skills to strategy and tactics. Children should develop their ability to evaluate their own performance and that of others as they move through the school, suggesting ways to improve. For example, the first target in the Skills Progression document for Year 3 Invasion Games is to 'Throw and catch with control when under limited pressure to keep possession and score goals' whereas in Year 6 it is to 'Perform skills with greater speed, fluency and accuracy in invasion game'. In the Gymnastics section of the document the last target for Year 3 is to 'Recognise how their performance has improved' and in Year 6 the last target is to 'Evaluate their own and others' work and to suggest ways of making improvements'.

Character: At St. Michael's, we recognise the importance of the children developing a strong character which is important for their future success.
We will use our PE lessons to develop honesty, teamwork, respect, self-belief, passion, determination and perseverance. There are lots of opportunities for children to work with a partner or small group in PE. This and playing team sports will help the children to develop these character values, with them being encouraged to work together. For example, when playing small sided games during a netball lesson the children will be expected to work as a team and show good sportsmanship (whether they win or lose). Determination and perseverance will be honed through skills lessons and the more individual activities such as gymnastics, dance and athletics. For example, bettering your personal best time in the 60m sprint or persevering at a gymnastic or dance performance.

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Behaviour: PE at St. Michael's is a key curriculum subject when it comes to fostering the positive traits set out in our curriculum intent; respect, consideration of others, cooperation and managing conflict.

Safe behaviours are taught directly and planned into lessons. Children can see their own and others progression through a skill, thus fostering self-belief and helping them to build a positive view of themselves and consequently show better behaviour's.

Feedback is used to encourage them to give positive evaluations. For example, using two stars and a wish to evaluate a classmates performance and showing consideration of their classmates feelings while doing this.

Team sports and activities such as Outdoor and Adventurous Activities (OAA) help to build these traits. As an example, children are given opportunities to work as a team to solve problems such as; getting a rugby ball from one end of an area to the other without it being intercepted or passing a hoop around a circle of pupils without breaking hand contact, thus encouraging cooperation.

Respect for the rules of a game is also a key aspect of behaviour in PE and directly relates to the life skills children need as the grow to adulthood. Children are given the opportunity to set their own rules to a game and abide by them.

implementation

PE at St. Michael's provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.

The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

Pupils participate in one high quality afternoon PE lesson each week, covering a different sporting discipline every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities run by Premier Sport. Lunch time sports clubs are available each day and children can attend after school sport clubs.
Children are invited to attend competitive sporting events within the local area. There is a Year 6 boys and girls football team and cross country team.

We work with the Norwich School Sport Partnership and attend their events. Some of these events feed into the Norfolkk School Games. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.

Each Year 3 class swim once a week for a term to ensure all children get this potentially life saving opportunity. Children in Year 6 also get take part in a top-up swimming scheme after SATs.
Parents are invited each year to join us at our annual sports morning in the summer term. Here the children compete in a variety of activities, gaining points for their house team.
We will be introducing a winter sports intra-school competition to compliment the summer terms sports morning. This will contain a range of activities and children will compete in their house teams.

impact

At St Michael's, teachers assess pupils' knowledge, understanding and practical skills throughout PE lessons. They watch how pupils perform and apply what they have learned, and use questions to check the thinking behind their decisions. For example, a teacher might ask why a pupil moved into space during a game or how they could improve their balance when landing. Teachers use these checks to give feedback, identify who needs more practice and plan further challenge.

At the end of each unit, teachers review pupils' progress against the learning objectives. They draw on what they have seen and heard in lessons to judge how confidently and independently pupils can use their skills. Photographs and short video clips can provide examples of progress over time.

The PE subject leader reviews assessment information each term alongside lesson observations, examples of pupils' work in PE and discussions with pupils. These conversations help the subject leader understand what pupils remember and how they use it in different activities. The findings inform future planning and help identify where staff would benefit from further support.

The subject leader also takes part in termly Norwich School Sports Partnership forums to share practice with other schools and explore opportunities for pupils to take part in sport and physical activity.